

2019 CAMC Foundation Run For Your Life 5 Mile Run/2.5 Mile Walk
 Proceeds benefit colorectal cancer awareness and screening initiatives!

Results by The Appalachian Timing Group LLC - APTiming.com

June 22, 2019 - 8:00AM | Charleston, WV - Haddad Riverfront Park

Weather: 74 Degrees and Mostly Cloudy

=====5 Mile Run Overall Results =====

Place	Name	S	Age	City	St	Chip Time	Gun Time	Pace
=====	=====	=	====	=====	==	=====	=====	=====
1	Seth Crislip	M	37	Charleston	WV	30:20.0	30:20.0	6:04
2	Hector Falcon	M	29	Charleston	WV	31:42.2	31:42.2	6:21
3	Ian Custer	M	43	Elkview	WV	32:17.5	32:17.5	6:28
4	John Duvall	M	14	Elkview	WV	32:31.0	32:31.0	6:31
5	Colin Simmons	M	16	Charleston	WV	32:38.7	32:38.7	6:32
6	Bj Utt	M	17	Sutton	WV	32:55.2	32:55.2	6:36
7	Jr Sharp	M	39	Charleston	WV	33:17.3	33:17.3	6:40
8	John Ledahawsky	M	51	Beckley	WV	34:40.3	34:42.0	6:57
9	Aubrie Custer	F	16	Elkview	WV	34:50.5	34:50.5	6:59
10	Nelson McKown	M	24	Charleston	WV	34:46.3	34:52.0	6:59
11	Mason Schoonover	M	23	Elkins	WV	34:56.3	34:57.9	7:00
12	Brad Deel	M	56	South Charleston	WV	35:00.2	35:00.2	7:01
13	Skylee Watson	F	21	Elkins	WV	35:49.6	35:51.3	7:11
14	Jimmy Cunningham	M	49	Hurricane	WV	35:51.8	35:53.5	7:11
15	Megan Hevener	F	37	Charleston	WV	35:55.1	35:55.1	7:12
16	Contessa Kennedy	F	32	Winfield	WV	36:40.3	36:43.0	7:21
17	Nick Presley	M	32	Charleston	WV	36:35.7	36:43.4	7:21
18	Josh Cross	M	37	Charleston	WV	36:50.1	36:52.2	7:23
19	Elio Gonzalez	M	30	Charleston	WV	38:05.1	38:06.5	7:38
20	Nick Thompson	M	56	Sophia	WV	38:24.4	38:24.4	7:41
21	Brody Fulks	M	23	Winfield	WV	38:46.0	38:47.9	7:46
22	Collin Wright	M	49	Charleston	WV	39:19.1	39:22.2	7:53
23	Gabbie Custer	F	14	Elkview	WV	39:31.8	39:33.5	7:55
24	Jake Zuckerman	M	25	Charleston	WV	39:34.9	39:39.9	7:56
25	David Patton	M	52	Charleston	WV	39:40.9	39:49.5	7:58
26	Lance Wheeler	M	29	Charleston	WV	39:51.7	39:57.1	8:00
27	Caleb Knight	M	34	South Charleston	WV	40:01.6	40:08.7	8:02
28	Mark Steinvurzel	M	49	South Charleston	WV	40:26.3	40:26.3	8:06
29	Robert Armstrong	M	26	Charleston	WV	40:24.5	40:30.7	8:07
30	Scott Poore	M	49	South Charleston	WV	40:23.6	40:32.6	8:07
31	Rocky Lucas	M	37	Charleston	WV	41:01.4	41:03.9	8:13
32	James Nibert	M	48	Charleston	WV	40:59.8	41:05.3	8:14
33	Valarie Bloom	F	36	Charleston	WV	41:09.3	41:13.5	8:15
34	Todd Schoonover	M	52	Elkins	WV	41:15.1	41:21.6	8:17
35	Dan Greear	M	50	South Charleston	WV	41:42.1	41:47.4	8:22
36	Rebecca Schoonover	F	51	Elkins	WV	41:55.8	42:01.8	8:25
37	Jennifer Potter	F	37	South Charleston	WV	42:02.6	42:08.4	8:26
38	Mark Gunderson	M	60	Charleston	WV	42:06.2	42:10.2	8:27
39	Grey Harris	M	61	Charleston	WV	42:07.5	42:12.5	8:27
40	Aaron Dunlap	M	42	South Charleston	WV	42:18.3	42:22.8	8:29
41	John Carvthers	M	40	Hurricane	WV	42:17.9	42:25.8	8:30
42	Amanda Neff	F	31	Bickmore	WV	42:34.5	42:36.7	8:32
43	Emma Stowers	F	18	Dunbar	WV	42:35.8	42:37.9	8:32
44	Brandon Lockard	M	14	Hurricane	WV	42:35.1	42:44.3	8:33
45	Sandra Groce	F	48	Charleston	WV	42:51.9	43:00.7	8:37
46	Sam Thurston	M	27			42:59.0	43:06.7	8:38
47	Carol Haid	F	44	Charleston	WV	43:05.2	43:08.2	8:38
48	Brian Thomas	M	42	Charleston	WV	43:02.3	43:10.1	8:39
49	Jeff Jenkins	M	54	South Charleston	WV	43:05.9	43:10.7	8:39
50	Ashley Ellison	F	34	Charleston	WV	43:05.6	43:13.4	8:39

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Place	Name	S	Age	City	St	Chip Time	Gun Time	Pace
=====	=====	=	=====	=====	==	=====	=====	=====
51	Mike Smith	M	62	Ripley	WV	43:18.4	43:18.4	8:40
52	Angela Warner	F	53	Hurricane	WV	43:18.3	43:27.4	8:42
53	Jason Lutz	M	37	South Charleston	WV	43:33.4	43:36.5	8:44
54	John Stonesifer	M	27	Saint Albans	WV	43:36.1	43:57.7	8:48
55	Thompson Percy	M	69	Charleston	WV	44:02.7	44:04.8	8:49
56	Vince Allison	M	28	South Charleston	WV	44:00.8	44:06.6	8:50
57	Charlie Rose	M	57	Charleston	WV	44:03.8	44:10.5	8:51
58	Jessica Jackson	F	37	Scott Depot	WV	44:11.5	44:16.7	8:52
59	Anna Bond	F	28	Charleston	WV	44:12.3	44:21.8	8:53
60	Duane Dombek	M	70	Charleston	WV	44:26.1	44:32.4	8:55
61	Julia Dombek	F	27			44:25.7	44:32.5	8:55
62	Rebecca Yaussy	F	44	Charleston	WV	44:27.9	44:33.4	8:55
63	Linda Richmond	F	45	Charleston	WV	44:34.5	44:38.2	8:56
64	Bert McDermitt Jr.	M	54	Belle	WV	43:40.3	44:39.5	8:56
65	Kristi Markins	F	40	Hurricane	WV	44:36.2	44:44.0	8:57
66	Jamie Goetz	F	48	Charleston	WV	44:36.6	44:44.1	8:57
67	Brian Aluise	M	28	Charleston	WV	45:11.0	45:14.1	9:03
68	Heather Graffins	F	30	Charleston	WV	44:45.9	45:15.0	9:03
69	Gabe King	M	30	Charleston	WV	44:44.8	45:15.5	9:04
70	Christopher Garnes	M	36	Charleston	WV	45:21.1	45:29.9	9:06
71	Frank Fragale	M	68	Charleston	WV	45:27.0	45:30.1	9:07
72	Steve Ledahawsky	M	67	Charleston	WV	45:49.6	45:53.6	9:11
73	Melissa Gamponia	F	53	Charleston	WV	45:55.7	46:02.4	9:13
74	David Bruce	M	60			45:55.3	46:05.7	9:14
75	Danielle Ward	F	15	Elkview	WV	45:58.2	46:07.1	9:14
76	Patricia Ward	F	15	Elkview	WV	45:57.9	46:07.3	9:14
77	Rich Simmons	M	50	Charleston	WV	46:17.6	46:24.4	9:17
78	Michelle Burris	F	45	Point Pleasant	WV	46:16.5	46:27.7	9:18
79	Jared Jankowski	M	29	Hurricane	WV	46:24.4	46:32.4	9:19
80	Christopher Kennedy	M	30	Eleanor	WV	46:26.9	46:38.7	9:20
81	Doug Reynolds	M	43	Huntington	WV	46:37.4	46:42.3	9:21
82	Amy Daddysman	F	34	Scott Depot	WV	46:38.7	46:46.8	9:22
83	Jimmy Walker	M	51	Poca	WV	46:39.7	46:50.7	9:23
84	Gabby Portillo	F	21	Hurricane	WV	46:53.7	46:55.7	9:24
85	Patrick Smith	M	38	Charleston	WV	46:48.5	46:58.2	9:24
86	Jeff Ranson	M	66	Hurricane	WV	46:33.4	47:00.6	9:25
87	Kenneth Mortimer	M	37	Ona	WV	46:56.8	47:04.3	9:25
88	Gunner Prince	M	11	Madison	WV	46:29.0	47:04.5	9:25
89	Stefan Young	M	25	Salt Rock	WV	47:09.2	47:10.0	9:26
90	Emily Bumgarner	F	44	Charleston	WV	47:12.2	47:18.9	9:28
91	Ted Brady	M	55	Charleston	WV	47:13.1	47:19.3	9:28
92	Bobbie Seyedmonir	F	41	Charleston	WV	47:13.9	47:21.2	9:29
93	Josh Willetts	M	33	Nitro	WV	47:14.8	47:22.7	9:29
94	Ashley Comer	F	34	Alum Creek	WV	47:27.3	47:28.1	9:30
95	Tara Tackett	F	39	South Charleston	WV	47:28.6	47:32.0	9:31
96	Roger Hager	M	65	Charleston	WV	47:40.7	47:45.0	9:33
97	Christa Morton	F	26	Hurricane	WV	47:48.8	47:54.7	9:35
98	Cortney Willis	F	27	Pecks Mill	WV	47:49.8	47:55.3	9:36
99	Amanda Springer	F	27	Hurricane	WV	47:49.2	47:55.5	9:36
100	David Sayre	M	59	Charleston	WV	48:03.4	48:11.9	9:39

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Place	Name	S	Age	City	St	Chip Time	Gun Time	Pace
=====	=====	=	=====	=====	==	=====	=====	=====
101	Ethan Olofson	M	19	Charleston	WV	48:14.4	48:16.6	9:40
102	Stephen Bell	M	64	Winfield	WV	48:17.3	48:18.6	9:40
103	Reed Rogan	M	26	Charleston	WV	48:23.4	48:33.4	9:43
104	Dale Witte	M	51	Culloden	WV	48:25.5	48:34.0	9:43
105	Jc MacCallum	M	34	South Charleston	WV	48:32.7	48:40.5	9:45
106	Damon Iarossi	M	46	Charleston	WV	48:43.3	48:48.2	9:46
107	Michele Monn	F	31	Hurricane	WV	48:50.5	48:56.2	9:48
108	Rebecca Brock	F	43	Scott Depot	WV	48:47.7	48:58.0	9:48
109	Bethany McGuffin	F	27	South Charleston	WV	48:56.5	48:58.7	9:48
110	D. Lynnette Detting	F	45	Charleston	WV	48:52.1	49:01.6	9:49
111	Herb Dess	M	57	Nitro	WV	49:09.1	49:14.3	9:51
112	Erin Quintrell	F	43	Poca	WV	49:15.4	49:19.7	9:52
113	John Orphangus	M	41	Charleston	WV	49:10.7	49:23.9	9:53
114	Gail Pitchford	F	62	Charleston	WV	48:57.1	49:25.9	9:54
115	Ashley Fisher	F	36	Hurricane	WV	49:24.8	49:30.1	9:54
116	Metkel Belai	M	38	Dunbar	WV	48:51.2	49:31.9	9:55
117	Denny Humphrey	M	57	Poca	WV	49:41.4	49:45.5	9:58
118	Kim Smith	F	43	Charleston	WV	49:43.2	49:53.3	9:59
119	Chip Urling	M	52	Charleston	WV	50:16.6	50:23.3	10:05
120	Matthew Smith	M	31	South Charleston	WV	50:16.6	50:23.4	10:05
121	Jessica Smith	F	29	Charleston	WV	50:19.4	50:25.0	10:05
122	Kim Foster	F	62	Charleston	WV	50:55.0	51:05.4	10:14
123	Chelsea Harris	F	26	Charleston	WV	50:58.6	51:07.9	10:14
124	Kristen Barker	F	37	South Charleston	WV	51:06.3	51:17.0	10:16
125	Erica Walls	F	29	Dunbar	WV	51:13.9	51:22.2	10:17
126	Richard Miller	M	56	Charleston	WV	51:22.0	51:30.4	10:19
127	Katie Corbitt	F	34	Summersville	WV	51:28.4	51:32.4	10:19
128	Jay Keyser	M	38	Charleston	WV	51:33.6	51:39.0	10:20
129	Shawn Chillag	M		Charleston	WV	51:31.3	51:39.8	10:20
130	Kelly Bowen	F	37	Saint Albans	WV	51:34.5	51:40.2	10:21
131	Amanda Jordan	F	43	Charleston	WV	51:36.4	51:47.3	10:22
132	Kimberly Mitchell	F	50	Charleston	WV	51:54.5	51:58.5	10:24
133	Richard Fulcher	M	63	Charleston	WV	51:49.4	51:58.6	10:24
134	Jenny Imler	F	38	Charleston	WV	51:12.7	52:03.4	10:25
135	Vivian Higgins	F	61	Montgomery	WV	51:56.6	52:05.9	10:26
136	Stephen Birurakis	M	51	Charleston	WV	52:09.2	52:09.2	10:26
137	Travis Criner	M	27	Charleston	WV	52:05.0	52:16.8	10:28
138	Grayson Osborne	M	11	Charleston	WV	52:07.4	52:17.2	10:28
139	Diana Morris	F	69	Charleston	WV	52:11.6	52:19.3	10:28
140	Stehpanie Hernandez	F	35	Cabin Creek	WV	52:23.1	52:29.8	10:30
141	Mark Painter	M	30	Charleston	WV	52:27.2	52:37.5	10:32
142	Hallie Chillag	F	45	Charleston	WV	52:41.8	52:50.3	10:35
143	Dana Doctorick	F	33	Hurricane	WV	52:53.6	53:01.1	10:37
144	Kristin Dukes	F	37	Charleston	WV	53:01.4	53:08.3	10:38
145	Kelli Cain	F	57	Charleston	WV	53:02.7	53:09.1	10:38
146	Cheryl Law	F	61	Ona	WV	53:09.3	53:11.7	10:39
147	Bridgett Hansford	F	32	Hurricane	WV	52:14.9	53:23.7	10:41
148	Amanda McGinnis	F	29	Hurricane	WV	53:21.4	53:25.3	10:42
149	Courtney Shamblin	F	41	Elkview	WV	53:22.3	53:30.9	10:43
150	Amber Young	F	37	Hurricane	WV	53:34.9	53:34.9	10:43

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Place	Name	S	Age	City	St	Chip Time	Gun Time	Pace
=====	=====	=	=====	=====	==	=====	=====	=====
151	Sarah Williamson	F	33	Dunbar	WV	53:35.2	53:35.2	10:44
152	Holly Blackwood	F	51	Charleston	WV	53:25.2	53:36.4	10:44
153	Chris Venturino	M	48	Fayetteville	WV	53:19.8	53:45.0	10:45
154	Ashley Dewitt	F	25	Nitro	WV	53:14.3	53:45.5	10:46
155	Robert Morgentern	M	60	Charleston	WV	53:39.1	54:24.6	10:53
156	Sarah Hovis	F	38	Charleston	WV	54:23.7	54:26.4	10:54
157	Carol Hamilton	F	65	Charleston	WV	54:18.0	54:27.3	10:54
158	Karin Kercheval	F	50	Morgantown	WV	54:24.3	54:30.1	10:55
159	Blake Karawan	M	28	Nitro	WV	54:26.3	54:31.0	10:55
160	April Thomas	F	45	Dunbar	WV	54:23.1	54:31.1	10:55
161	Teresa Erby Robinso	F	47	Charleston	WV	53:43.6	54:42.4	10:57
162	Justin Ferrell	M	27	Oak Hill	WV	54:45.4	54:49.4	10:58
163	Lucas Hamilton	M	14	Charleston	WV	54:05.8	55:01.7	11:01
164	Bob Paulson	M	52	Charleston	WV	54:59.1	55:05.4	11:02
165	Jake Flatley	M	26	Charleston	WV	55:01.8	55:06.2	11:02
166	Amanda Foster	F	45	Charleston	WV	55:22.4	55:33.9	11:07
167	Josh Jarrell	M	42	Charleston	WV	54:51.7	55:36.9	11:08
168	Paul Cantrell	M	66	Charleston	WV	55:33.9	55:42.9	11:09
169	Lisa Stanley	F	36	Charleston	WV	55:58.1	56:11.0	11:15
170	Cindy Haga	F	40	Hurricane	WV	56:05.2	56:14.0	11:15
171	Walter Zangeneh	M	42	Charleston	WV	56:20.2	56:23.0	11:17
172	Sarah Nichols	F	27	Gauley Bridge	WV	56:26.9	56:31.3	11:19
173	Molly Steele	F	32	Charleston	WV	57:37.9	57:47.3	11:34
174	Eugene Garlow	M	27	South Charleston	WV	57:43.4	58:17.5	11:40
175	Latasha Walters	F	38	Charleston	WV	58:15.9	58:20.0	11:40
176	Jim Ford	M	57	Charleston	WV	58:27.0	58:34.9	11:43
177	Rachael Kelly	F	34	Hurricane	WV	58:42.7	58:48.0	11:46
178	Dean Campbell	M	48	Charleston	WV	58:11.4	58:57.7	11:48
179	Sheletta Sthomas	F	46	Charleston	WV	58:51.4	59:01.5	11:49
180	Dallas Enoch	M	38	Charleston	WV	59:12.9	59:21.1	11:53
181	Meredith Harper	F	29	Charleston	WV	59:16.2	59:21.9	11:53
182	Michael Young	M	49	Charleston	WV	1:00:06.0	1:00:15.5	12:04
183	Crystal Dunlap	F	42	South Charleston	WV	1:00:58.2	1:01:03.2	12:13
184	Patrick Smith	M	36	South Charleston	WV	1:01:15.5	1:01:24.6	12:17
185	Danielle Waltz	F	37	South Charleston	WV	1:01:15.9	1:01:24.7	12:17
186	Nikki Kelly	F	33	South Charleston	WV	1:01:37.3	1:01:45.6	12:22
187	Realyynn McCamick	F	33	Saint Albans	WV	1:01:34.2	1:01:46.7	12:22
188	Ann Semenik	F	35	Canal Winchester	OH	1:01:27.0	1:01:53.9	12:23
189	Herb Hively	M	56	Charleston	WV	1:02:05.3	1:02:14.7	12:27
190	Rebecca Sams	F	22	Saint Albans	WV	1:02:04.1	1:02:16.4	12:28
191	Brittni Carmack	F	24	Hurricane	WV	1:02:31.8	1:02:34.3	12:31
192	Barbara Myers	F	64	South Charleston	WV	1:02:34.6	1:02:41.2	12:33
193	Jarred Hurley	M	47	Charleston	WV	1:02:27.7	1:03:02.4	12:37
194	Vaugh Summers	M	37	Charleston	WV	1:02:53.9	1:03:04.0	12:37
195	Jo Burka	F	58	Charleston	WV	1:03:12.9	1:03:23.0	12:41
196	Danita Nellhaus	F	60	Charleston	WV	1:03:13.5	1:03:23.5	12:41
197	Sarah Bolyard	F	38	Charleston	WV	1:03:14.0	1:03:23.8	12:41
198	Tami Lee Shamblin	F	50	Scott Depot	WV	1:03:22.6	1:03:30.1	12:43
199	Lorraine Whitaker	F	76	Omaha	NE	1:04:24.0	1:04:30.6	12:55
200	Lana Day	F	39	South Charleston	WV	1:04:31.7	1:04:43.6	12:57

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Place	Name	S	Age	City	St	Chip Time	Gun Time	Pace
=====	=====	=	====	=====	==	=====	=====	=====
201	Brandi O'Dell	F	42	Charleston	WV	1:04:59.5	1:05:04.2	13:01
202	Carrie Jones	F	36	South Charleston	WV	1:05:08.8	1:05:16.4	13:04
203	Charles Urling	M	74	Nitro	WV	1:05:08.0	1:05:17.9	13:04
204	Edward Thompson	M	65	Charleston	WV	1:05:14.4	1:05:23.8	13:05
205	Robert Uhler	M	58	South Charleston	WV	1:05:36.7	1:05:46.6	13:10
206	Scott Davis	M	52	Huntington	WV	1:06:32.6	1:06:43.2	13:21
207	Anna-Marie Ward	F	38	Charleston	WV	1:06:38.9	1:06:50.2	13:23
208	Daniel Moore	M	34	Charleston	WV	1:07:02.5	1:07:05.3	13:26
209	Jamie Lewis	F	40	Columbus	OH	1:07:40.0	1:07:49.5	13:34
210	Stephen Fernandez	M	32	Charleston	WV	1:06:13.3	1:07:50.3	13:35
211	Jennifer Miller	F	32	Dunbar	WV	1:09:34.8	1:09:38.8	13:56
212	Tom Whitaker	M	77	Omaha	NE	1:09:49.7	1:09:56.6	14:00
213	Chris Pierce	M	56	Charleston	WV	1:11:28.3	1:11:40.8	14:21
214	Leslie Maynard	F	59			1:11:30.3	1:11:41.6	14:21
215	Alex Hayden	M	25	Pittsburgh	PA	1:11:33.6	1:11:44.4	14:21
216	Kaitlyn Samuelson	F	25	Morgantown	WV	1:11:41.2	1:11:44.4	14:21
217	Kathleen Ward	F	53	Elkview	WV	1:11:34.2	1:11:44.9	14:21
218	Gheta Gwyer	F	56	South Charleston	WV	1:13:12.2	1:13:19.8	14:40
219	Jessica Stonesifer	F	30	Saint Albans	WV	1:14:59.9	1:15:42.6	15:09
220	Jeff Flanagan	M	55	Dunbar	WV	1:17:01.8	1:17:05.1	15:25
221	Tammi Lewis	F	51	Charleston	WV	1:17:26.0	1:17:33.3	15:31
222	Phyllis Chancey	F	56	Charleston	WV	1:17:30.0	1:17:42.7	15:33
223	Steve Bishop	M	61	Charleston	WV	1:16:44.4	1:17:43.2	15:33
224	Leflore Lucas	F	30	Charleston	WV	1:23:30.3	1:23:37.4	16:44
225	Scott Nichols	M	28	Gauley Bridge	WV	1:29:13.8	1:29:18.5	17:52